



## Lakeside Residential Reminder 23-27 June 2025

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Dear Parents

### **Lakeside Residential update and Kit list.**

I hope this email finds you well and you are enjoying this beautiful weather. I am also hopeful that your son is looking forward to the Lakeside activity residential next week. Please find some further details and useful information below.

### **Travel Information**

On the corresponding day of travel for your son, we will be departing school at 06:30 please arrive at school no later than 06:15.

Please ask your son to find their activity group with the appropriate staff member to register as soon as they arrive at the school site. We intend to organise them in the car spaces towards the pedestrian gate and Design Technology so please avoid parking in this area for space and safety reasons. Due to the number of parents a drop and go approach would be preferable.

We will arrive at the activity centre by 11:00, followed by a welcome talk/briefing and then activities in the afternoon. This means your son will need to bring lunch with him for the first day. We will have a service station stop on the way to and from Lakeside for the toilet however, please ensure they do not rely on this for lunch provision as the services will find it difficult accommodating for over 100 children during a brief stop. We also do not want fast food on the coaches.

On their day of return, pupils will depart the centre at 14:00 with an estimated arrival back at school of 18:00. Updates will be sent on the day regarding traffic and a more accurate return time, please plan to be able to pick up promptly so that staff are not waiting for all pupils to have been picked up.

### **Medication**

If your son requires medication while on the trip, all medication must be handed to, and stored by, Mrs Rigby-Smith, the trip leader. So that we know what to expect, please can you let us know by email any medication that your son will have with him. This must be brought on the day of departure and **handed in before getting on to the coach.**

### **Mobile Phones**

Pupils are allowed to bring mobile phones on the trip and restricted access to them will be granted. They will be collected in by staff on arrival at Lakeside so that they are not left unattended in rooms throughout the day and are not allowed to be taken with students to activities. They will be given an allocated time slot in the evenings when they can use their phones to contact home.

Any pupils using their phones inappropriately will have them confiscated for the remainder of the trip and they will be returned to the collecting parent on return to school.

### **Activities**

Your son will be taking part in a range of activities involving water sports, climbing and heights, orienteering and much more. A kit list follows, but please ensure that your son has adequate changes of clothing for a three day stay with a packed itinerary.

### **Kit List**

[YMCA Lakeside family adventure holidays, school holiday day camps - YMCA National Centre, Lakeside](#)

Please use the link above for the recommended kit list from the YMCA. Note that if you do not have the items marked with an Asterix, they can be borrowed from the centre when needed, so you do not need to go out and buy walking boots for this trip if you do not own any. Please also note that we are not staying in tents, so sleeping bags are not necessary.

### **Weather**

Please be mindful that the weather will remain hot and as such it is imperative that your son has sufficient sun lotion of a high factor and a sun hat but please ensure he has a waterproof jacket in case of the weather turning as it can in the Lake District.

### **Behaviour**

It goes without saying that we have extremely high expectations of pupil behaviour when representing Sir Thomas Rich's on a trip; if necessary we will sanction pupils on return to school should they fall short of these expectations, however, we do not foresee this being the case.

### **Satchel One**

All activity groups and rooms have been put on Satchel One for your son to view. These have been formed by Mr Hinds with input from the students directly to try and meet their preferences where possible and final versions of these have been sent over to the provider this afternoon.

### **Trip Contact Number- Mrs Rigby-Smith School Mobile- 07367 445 746.**

I hope that this answers any questions you may have and help with your son's preparation for the trip. If you do have any further questions please email [zfh@strs.org.uk](mailto:zfh@strs.org.uk) and [cer@strs.org.uk](mailto:cer@strs.org.uk) one of us will get back to you as soon as possible.

Kind regards

Zak Hinds (Head of Year 9, Senior Head of Year in KS3)

Chloe Rigby-Smith (Head of Year 8)

## **SIR THOMAS RICH'S**

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